

Newsletter

LEARN & CHALLENGE TO SUCCESS & CHANGE



Beit Atfal Assumoud newsletter is published monthly by the National Institution of social Care and Vocational Training. Each letter is issued to circulate information about the work and activities of the institution and its centers over the course of the month. We have been working on providing services for Palestinian refugees living in the camps of Lebanon for 39 years.

February 2016 Volume 3, Issue 2

Special Interest News:

- Beit Atfal
 Assumoud
- Family Happiness
 Project
- Peer Education & Reproductive Health
- Psychosocial
 Support
- Comics
- FGC
- Kindergarten
- Remedial & VT
- Dental Clinic & Pediatric
- Visitors & Delegations
- Scout
- Entertainments

About Beit Atfal Assumoud

Beit Atfal Assumoud is a national, humanitarian and secular nonprofit organization that aims to contribute to the development of the Palestinian community in Lebanon through services addressing the needs of the families, and through various gender-balanced projects empowering the potentials and skills of the children, youth, women and parents or guardians.

Challenging behavior might reflect an individual's only way to cope with a certain difficulty at any given time.

Your ability to learn the tools to address and reshape challenging behaviors as early as possible is important for the day to day quality of life for your loved one, as well as your family.

Contact BAS at: Phone: 00961-1-859 076 00961-3-233 073

Fax: 00961-1-859 071 Email: NISCVT@socialcare.org Website: <u>www.socialcare.org</u> Fb: BeitAtfalAssumoud P.O.Box: 13/5621 Chouran Beirut 1102-2060-Lebanon

Family Happiness Project

The training workshop for the social workers continued in February under the title "Networking in the Social Work - Child Protection between Case Management and Referral System" which held by Dr. Rania Mansour and Ms. Dunia Fatayri, with participation of 22 social workers from FHP which donated by Welfare and MAP.



Moreover, a meeting with the mothers of FHP and Psychosocial Support Program has been organized in Naher El-Bared and tackled subjects about anxiety disorders and its symptoms. The mothers were glad to learn about such important issues.

Our social workers, at Naher El-Bared were keen to draw the attention of the mothers within the FHP concerning the school drop-out children. They organized a workshop about the causes and consequences of drop-outs in addition to preventive methods and solutions. In this workshop 50 mothers attended and were divided into groups were they had the chance to exchange thoughts about this problem and finally provide recommendations and suggestions.







An awareness session has been organized, within Peer Education and Psychosocial programs at BAS centers, about different topics, such as:

- Sexually transmitted diseases
- Decision making, which was given by Mrs. Layal Khalifa
- Anxiety and it's causes specially after birth in coordination with CCP-Japan
- Children learning in coordination with UNECIF and MAP

Reproductive health project covers the most fundamental aspects of life.

BAS organizes awareness sessions within Reproductive health to raise knowledge for girls and mothers. During February the awareness sessions included the following topics, such as:

- Symptoms of anemia and the ways of prevention
- Breast cancer
- Risky behaviors for the youth
- Drugs.











Psychosocial Support

BAS organized workshops for the social workers within the Psychosocial Support, which help individuals and communities to heal the Psychological wounds and rebuild social structures after an emergency or a critical event. It can help change people into active survivors rather than passive victims.

Reproductive health Program covers the most fundamental aspects of life.

BAS organized an awareness sessions within the reproductive health to raise knowledge for girls and mothers. During February the awareness sessions included the following topics:

- $\circ~$ Symptoms of Anemia and the way of prevention
- o Breast Cancer
- Risky behaviors for the youth
- o Drugs









Within the art activities with the children of special needs, activities were many implemented EI at Burj Barajneh center Manufacturing kites, wax printing, drawing of different topics such as violence, in addition to free drawing. Other activities were held at FGC center of Ein El Helwi that dealt with environmental issues using active learning like games, songs and handmade works such as frames for images, birds, and paintings.

Comics' workshops took place at our centers dealing with different topics such as "wooden Balnol" for the mothers of family happiness program at BAS Mar Elias center, in addition to violence and environment at Baalbeck center.









BAS mothers' committee at FGC Saida center organized an activity for the mothers about making Lemon and Juice gathered from the center's tree on 16th and 18th February 2016. This is one of the different monthly activities with the mothers.



The new Psychiatrist and neurological doctor Dr. Viviane Al-Saneh visited BAS Naher El-Bared center with Mrs. Lilian Younes and met Mr. Abdullah Barakeh the center's director and the team of FGC program and she proceed her work at our center.

In the context of a future cooperation between the Psychiatry department at the American University of Beirut and the National Institution of Social Care and Vocational Training, a meeting took place on the 3rd of February between the director Mr. Kassem Aina, the psychiatrist Dr. Madeleine Badaro Taha, the Mental Health program Coordinator Ms. Liliane Younes and representatives of the Child Psychiatry Department at AUB Dr. Fadi Maalouf, Dr. Joseph Khoury and Dr. Leyla Dirani to discuss the internship program which will be launched at FGC Beirut for child psychiatrists from AUB.. The internship will start in April 2016 based on a Memorandum of Understanding which will be signed soon between NISCVT and the AUB.

Kindergarten

Bas kindergartens' children received their progress reports in February. The children with parents had individual meetings with the teachers to discuss the children progress during the school year. The children had the chance to reflect on their class work placed in the portfolios.

On February, the children had different visits during the month such as: markets, farms, bakery and tailors...etc. to gain knowledge and ask questions they previously prepared in the classroom.













Remedial & VT



A quarterly meeting was organized by the Remedial Program for the mothers of remedial children about: following children's education, up carry responsibilities towards their schooling, in addition to discussing different challenges that the parents face with their children at home along with the appropriate solutions.

BAS Al-Rashidieh center, celebrated the graduation of the hairdressing students, after their 4 months. Certificates were distributed by the director of the center, on Saturday February 13, 2016.



Moreover, the Computer and English courses supported by ANERA were completed in Naher El-Bared and Badawi for 18 students and lasted for 3 months.

In addition to that, our 11 students who got BT and TS scholarships in Nursing at Saidon College in Tripoli and LT at IPNet College (Project supported by NORWAC) finished their midterm's exams and achieved good results. Furthermore, the students had the chance to be in rolled in the remedial English courses in the evening at American Language center supported by ANERA.

At the same time, the mobile maintenance and plumbing courses, supported by Norwegian Embassy, are still running for 18 students in each course and will be finished at the end of April 2016.

Pediatric & Dental Clinic

Pediatric:

A lecture about the children's Bronchitis with its causes, symptoms and preventive methods has been organized on 25/2/2016 at BAS Nahr EL-Bared children clinic. The session was given by Dr. Sameh Al-Jaber with the presence of 36 mothers who expressed the benefits of the new information.





Dental Clinics:



Mrs. Dima Zayyat from ANERA and Mr. Joe Hadisson from Direct Relief International DRI visited BAS Naher El-Bared dental clinic where the delegation listened to a detailed explanation about the services of BAS and the needs that can be provided to continue such services.

BAS used to care about the healthy teeth and continues providing dental care and advice on all aspects of oral hygiene. The dentists of BAS give dental treatments, awareness sessions and different activities concerning the dental hygiene in the camps (Shatila, Rashidieh, Burj Shemali, Ein El Hillweh, Beddawi and Nahr El-Bared).

Visitors & Delegations

Within the project implemented in the 5 FGCs through Sante Sud, A field visit was done to Lebanon from the 15th to the 21st of February by 2 consultants Ms. Natacha Mathy and Mr. Paulo Lamim for a midterm evaluation of the project and a capitalization of the activities. They met NISCVT general director Mr. Kassem Aina, Dr. Madeleine Badaro Taha and Ms. Liliane Younes from the FGC to evaluate the project.



The evaluations objective was to allow Santé Sud to strengthen its strategic policy and working methods by subjecting them to a thorough evaluation process and capitalizing the best experiences. It will allow assessing the activities, measure the results and the effectiveness of the methodology used and make recommendations and suggestions for improvement in terms of strategic and methodological approaches.







Arab youth delegation participated in the sit-in in solidarity with the prisoner Mohammad Al-Keek, at Bourj Al-Barajneh camp; after that they moved to BAS center to attend a musical concert and Dabke, and then they made a tour in the camp, After attending a conference under the title "From the Nation's Youth to the Uprising youth", in coordination with International Arab Centre for communication and solidarity at Commodore Hotel in Hamra, Beirut.







Assumoud Scouts of Bourj gathered Al-Shamali to attend the 16th annual Sunday 14 meeting on February 2016's at BAS Burj Al-Shamali center. During the meeting they submitted last year's administrative and financial reports along with the report about the equipment of the regiment, including art and scout programs of musical bands and scout bands The discussion included the annual program and electing the leadership of council for the regiment for the year 2016.









The National Palestinian scout - Assumoud Bourj Al-Shamali center participated in the demonstration of the 41th martyrdom fighter anniversary of Maarouf Saad in Saida, the musical band as well played several national beats on February 28th 2016.

Entertainment

BAS centers organized entertainment trips from time to time for the children, mothers and colleagues. The aim of these trips is to strengthen the relations and release the depression and stressful life.

Recreational activities took a very important space at BAS centers in which it often done for enjoyment, amusement and pleasure.



Football is one of BAS sports activities. The sports club at Naher El-Bared participated in the sports contest in the name of Martyr leader Yasser Arafat the on commemorating the occasion the of Palestinian beginning Revolution in which 18 teams from Nahr El-Bared and Akkar attended. The club was nominated for the final match and won the second place in the contest.





On Friday 19th February 2016, Bourj El-Barajneh and Shatila center organized biking activity at Biel, Beirut.



RELIEF



BAS Baalbeck center distributed socks and scarfs, donated by Mrs. Jorun Giske from Norway, for the children in the remedial program, where Mrs. Vinky attended the distribution.

Moreover, we received woolen socks and shirts, donated by our generous Finnish friends in Finland, and distributed them for the sponsored children within FHP and the children of the remedial classes.







As well a fuel distribution for the third time was distributed for 700 PRS families at Al-Jaleel camp and the area around, in coordination with CCP-Japan.

2016 CIVICUS NELSON MANDELA - GRAÇA MACHEL INNOVATION AWARDS

The Nelson Mandela - Graça Mache Innovation Awards is celebrating the 11th year of awarding civil society activists and organization for their excellence, innovation and brave risk-taking.

BAS was nominated organization of Mandela Awards for February 2016.

